

Dr. Dec's Medication Review & Co-ordination Project

You are on several medications for various medical problems. As you know, patients on multiple medications require monitoring and renewal of these medications on a regular basis, usually every 2-3 months. We usually prescribe medications plus several repeats on most **REGULAR** medications. Patients on many medications will obviously have to renew many times. When you call to renew one of your medications, it requires much effort and time to complete this. Many people including the pharmacist, Dr. Dec and his staff, and **YOU** take part in this process, by calling, checking, and you having to pick up your medications at the pharmacy.

Dr. Dec has come up with a new system to try to co-ordinate the renewal of multiple **REGULAR** medications all at once, in order to save everybody a lot of time and energy. What will this do?

1. It will save **YOU** time because you will only have to go to the pharmacy once every 2 or 3 months to pick up **ALL** of your **REGULAR** medications.
2. It will save the **PHARMACIST** some time because they will not have to call us every time a renewal comes up which could be every few weeks depending on how many medications you are on.
3. It saves **DR. DEC and his staff** time by not having to repeatedly to look up various medications at various times when they are being renewed, & confirm that you are taking them at the right dose and time, and that you actually need a renewal.

The new system is actually quite easy. Now you likely have many different medications with different quantities because they have been renewed with repeats, but most of them have not been renewed at the same time. What we are asking you to do is to make an appointment to have a "Formal Medication Review/Count" where you need to bring all of the pill bottles you have, so Dr. Dec's staff can review how many medicines you are taking and the quantities of each medication. There is a good chance that they will be all different quantities. What his staff will do is count out and record how many of each medication that you are taking. Dr. Dec will then prescribe additional amounts to bring the all of your medications up to a set amount, usually either 60, 90 or 100 tablets. We will also **CANCEL** all of your remaining repeats, even if you have many repeats on the different medications. What this does is 'top up' your medications, so when you add the medications you have with the new prescription Dr. Dec gives you, all of the medications will come out to the same amount. When you run out (and you should run out of **ALL** your medications at the same time), you will have **ZERO** repeats, and then you can call your pharmacy or Dr. Dec's office to renew **ALL** of your medications at the same time, together. Then Dr. Dec will give you repeats on all regular medications but they will now repeat together and you will pick them up in one block, all your pills, all together, with one trip to the pharmacy.

This may sound a little bit complicated to start, but we have implemented this process with certain people over the last several months and it really does save a lot of time, energy and confusion in the long run for you, us and the pharmacist. So we ask you to book an appointment specifically for a "Formal Medication Review/Count" to get things organized.

Thank you.



Dr. Dec & Staff